

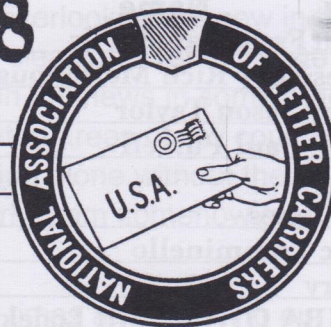
NALCASTER

NATIONAL ASSOCIATION OF LETTER CARRIERS

Pagoda Branch 258

READING, PA.

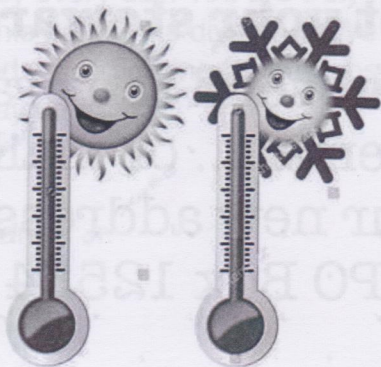
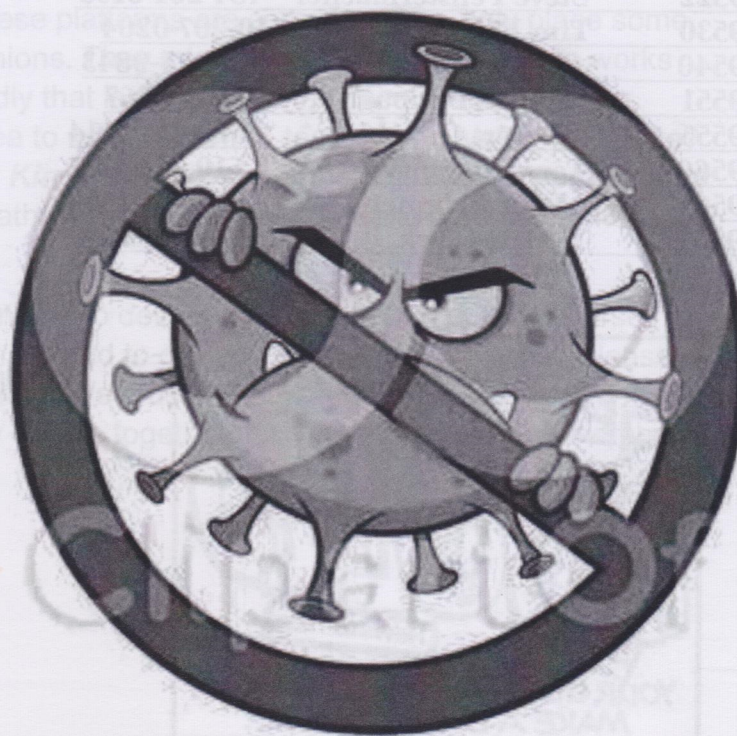
June 10th, 2020



**Monthly
Meeting
Cancelled**

Look Whats Inside

- Presidents message
- useful safety info
- message from Dave Napadano
- nominations for officers



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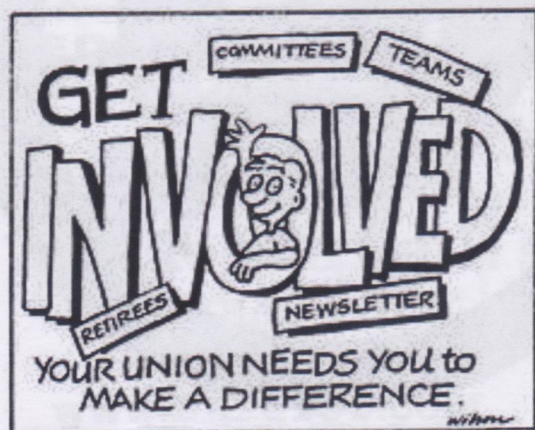
N.A.L.C. PAGODA BRANCH 258

READING PA OFFICERS 2015

| Officers | Name | Telephone |
|------------------|-------------------------------------|------------------|
| President | Fred Ranalli, Jr | 610-678-2512 |
| Vice President | Rich McDonough | 484-955-4267 |
| Treasurer | Jason Taylor | 570-617-1124 |
| Secretary | Paul Purcell | 610-451-0244 |
| Trustees: | | |
| | Tammy Jones | 610-960-7498 |
| | Dominic Tumminello | 610-775-4263 |
| | Dave Dry | 484-797-7906 |
| | HBR MBA OWCP Bill Lodek | 610-914-1253 |
| | AFL-CIO Sharon Unger | 610-921-0394 |
| | Sergeant at Arms Ed Gensemer | 484-638-3067 |
| | NALCaster editor Your name here | 717-867-5309 |
| | Director of Archives Andy Gelsinger | 610-378-0417 |

Shop Stewards

| Stations | Steward | Telephone |
|-----------------|---------------------|------------------|
| 19601 | Darryl Shaak | 484-219-7034 |
| 19604-05 | Juan Munoz | 610-373-8201 |
| 19606-02 | Jess Iezzi | 610-914-4614 |
| 19607 | Mark Swarmer | 610-856-1662 |
| 19608-09 | Paul Purcell | 610-451-0244 |
| 19610-11 | Dave Dry | 484-797-7906 |
| 19508 | Rich McDonough | 484-955-4267 |
| 19518 | Rich McDonough | 484-955-4267 |
| 19526 | Judy Snitzer | 570-573-2689 |
| 19522 | Steve Fenstermacher | 484-201-0193 |
| 19530 | Tim Fisher | 610-207-0204 |
| 19540 | Jessica Mountz | 610-914-9843 |
| 19551 | Rich McDonough | 484-955-4267 |
| 19555 | Robert Oswald | 610-451-5114 |
| 19560 | Terry Stefansky | 610-781-3221 |
| 19565 | Kim Brunner | 610-763-1674 |
| 19567 | Robert Clark | 610-589-1469 |



Committees

| | | |
|-------------------------------|------------------|--------------|
| Step A designee | Jason Taylor | 570-617-1124 |
| Associate Off. Grievance Chmn | Rich McDonough | |
| Labor Management Team | | |
| | Fred Ranalli Jr. | 610-678-2512 |
| | Rich McDonough | 484-955-4267 |
| Food Drive | Tammy Jones | 610-960-7498 |
| Legislative | Ed Gensemer | 484 638-3067 |
| HBR-MBA-OWCP | Bill Lodek | 610-914-1253 |
| MDA | Jason Taylor | 570-617-1124 |
| CCA Rep | Juan Munoz | 610-373-8201 |
| Director of Retirees | Jerome Kerns | 484-256-4906 |



Colleen Gensemer, MA, LPC

Central PA EAP Consultant, USPS EAP
tele (717)208-1854
cgensemer@ndbh.com

1-800-EAP4YOU (1-800-327-4968)

TTY: 1-877-493-7341

www.EAP4YOU.com

Moving soon?
let your steward know! send the branch
an email... or mail in
your new address to
PO Box 12584

President Message,

Hello Everyone, I hope all of you are safe and healthy. The past few months have been hard on all of us. These times have made us change almost every part of our American lifestyle. A change that I believe will be with us for quite a while. Things that we took for granted or overlooked are now in the forefront of everything we do. Masks, social distancing, hand washing and cleaning everything we touch have taken over our lives. This is something we read about or saw on the news in some other country, but not here. This pandemic has really hit hard in the more populated areas of our country, killing the elderly at will. It's so sad hearing about someone's loved one dying alone without their family to say goodbye. It is heartbreaking. Although I miss my parents dearly, I am somehow glad they aren't here suffering through this. I know they are in a better place.

As letter carriers, a lot has changed also. We now have staggered starting times and cleaning our work stations and vehicles everyday have become the norm. Although the parcels have increased, mail volumes have dropped because of the shutdown of America. It's something that had to be done and will continue in a lot of areas throughout the country. This has taken a toll on small businesses and families all over the country. We as letter carriers are deemed essential. We are lucky in that respect, but that has come at a cost. Letter carriers and postal workers have died from Covid 19. The stress and uncertainty of this situation has been a great burden to you and your families. Your effort and continued professionalism has kept all of you safe up until now. I applaud all of you. You have exemplified what being a letter carrier is all about by serving the American people in every neighborhood and rural area across the country. As I have stated in the past, letter carriers provide a sense of normalcy to our customers. That means a lot to the American public, especially in these times. I cannot thank you enough for your continued professionalism as you serve your patrons.

We all know there is a lot of misinformation out there, I am asking all members to consider what they post or write on social media. The facts are most important. We all read, hear, or experience something that helps to form our opinion or beliefs. However, that doesn't make us experts. There's an old saying about opinions that I am sure you might have heard before. Negative opinions, especially those not based on facts that are put out to large groups of people, may have grave and dire consequences to our business and ultimately our jobs. Social media platforms influence the people's opinions that read them. Unfortunately these platforms are sometimes the only place some individuals get their information that form their opinions. They might argue "since this person works there and says this is so then it must be true". Sadly that is not always the case. Before posting something on social media it's probably a good idea to use the **THINK** test. Ask yourself: Is it **True**? Is it **Helpful**? Is it **Inspiring**? Is it **Necessary**? Is it **Kind**? Always remember it is never appropriate to cast any shadow over the USPS. We all took an oath when we were hired. Make sure you adhere to that oath no matter what your opinion is.

In closing, I want to again thank all of you for continuing to deliver your routes and putting yourself in harm's way every day. You are truly Heroes. I am so proud to call you Brothers and Sisters. Please don't let this pandemic divide us. We must stay united. We must help each other stay safe. We must stay united when fighting for our jobs. We can only do this together. It's what being a union member is about. Stay safe.

Sincerely,

Fred A. Ranalli Jr.



National Association of Letter Carriers

David J. Napadano, National Business Agent

4 Neshaminy Interplex, Suite 111
Trevose PA 19036
(215)-824-4826 – Office
(267) 262-6222 – Fax

MEMORANDUM – MAY 21, 2020

To All Region 12 Branch Presidents

RE: TAKE ACTION

I want to thank those of you who took the time to listen to the May 14, 2020 Pennsylvania Web-Meeting hosted by NALC LPO, Marc Ashmon, Special Assistant to the President, Eddie Davidson and me.

Hopefully the web-meeting helped to reinforce how important it is that every letter carrier Take Action every time the NALC notifies our members to do so.

Sadly, the Web-Meeting verified that some of our members are skeptical about the value of the Take Action program. They do not realize that they should send frequent messages to our representatives on Capitol Hill. Those messages should ask ONLY that their representative support/approve the bill for the help we need to sustain the Postal Service during our current crisis.

During the web-meeting some members messages to the entire group that worked against our goals. Those messages showed that some carriers truly believe that the Postal Service will not go away. These Letter Carriers think that if USPS mail delivery stops, that stop will be temporary. They believe they will return to work because "a USPS stop in service" will create an unmanageable amount of mail to be delivered around our country.

This type of thinking does not recognize that since taking office the current administrations goal is to dismantle the United States Postal Service and replace it with a low wage – no health benefits workforce that has no representation rights.

Having a "I heard it all before attitude" is extremely dangerous. Private delivery companies are growing rapidly. Those small startup companies are trying to diminish the importance of the Postal Service. In addition to these small companies' large delivery businesses like UPS and FedEx have their own well-funded networks they use to contact Capitol Hill to lobby in favor of privatization.

Enclosed with this letter is a copy of Pennsylvania State Association of Letter Carriers Bulletin published by our State President Paul Rozzi. All of you already received a copy of the Bulletin but I believe you need to read it again. Paul's message simplifies our situation and outlines our need to frequently reach out to our representatives and ask that they support the funding we need to survive.

I ask that you send this Memo and the PA State Bulletin to your Stewards. Ask them to read it and POST it on the NALC Bulletin Boards in every office your Branch represents.

Our families and friends can help us by going to the following website to TAKE ACTION:

<https://heroesdelivering.com/2020/05/19/exclusive-news-ads-launched/>

Please **Take Action** Daily!!!

Thank you for reading this message,

David J. Napadano, National Business Agent
National Association of Letter Carriers, Region 12,



Ripple Effects of Covid-19 ACTION NEEDED

Regardless of your thoughts on the corona virus situation, whether you believe it to be a hoax or a terrible plague, whether you believe the response to be way overblown or think that it has fallen woefully short, the effect on the economy has been devastating and has resulted in at least a 50% drop in Postal revenues with no end in sight. Our government is attempting to stimulate the economy by sending checks to individuals and providing funds to corporations and entire industries. The Postal Service and letter carriers however, have been completely left out of those stimulus packages and it seems to be tactical. The situation is as follows:

USPS is currently at its debt limit.

Simply increasing the debt limit without direct funding will not solve anything. The Postal Service did absolutely nothing to cause or contribute to the current situation.

At some point this summer USPS will not be able to cover expenses or make payroll.

All of you should be well aware of the last few WH budgets, the WH postal task force report and the massive cuts proposed.

Without direct stimulus funding to the Postal Service, how do you think they will accomplish Postal solvency?

I learned today that the administration proposed \$97B in wage and service cuts. Everything would be on the table !!! Everything !!! WAGES, current and future PENSIONS, COLAS, LAYOFFS, HEALTH PLAN and COLLECTIVE BARGAINING itself.

Congress has complete and total oversight of the USPS and while many members of congress support us we have to make damn well sure that they stay with us on these issues. A small group of letter carrier activists have worked long and hard to build that support.

But, in the midst of this disastrous situation those same few activists are carrying the load again. The number of congressional contacts made so far on the NALC app is PATHETIC and will not get the job done.

We have to focus solely on this one issue and see it through.

Each of us on this telecom has to make use of the APP multiple times and commit to do all we can to get everyone else to do the same and keep it going.

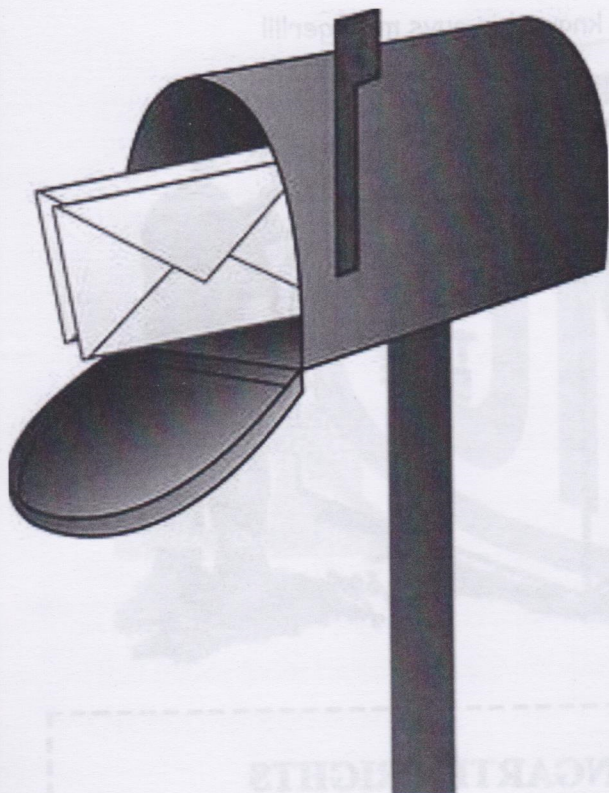
Use of the APP is quick and extremely user friendly. This is an issue we can win.

Our jobs and our future depend on it.

We are at the end game stage. It's time for all letter carriers to speak up, stand up and get this done.

Paul Rozzi

PA. State Pres.



Please notify the branch of any mailing address changes, we need to keep current mailing info for newsletter and administration purposes.

If you have moved since signing up for the union and have not updated your info please fill out the form below and send into the union or give to your steward or officer in your office.

NALC Branch 258

PO Box 12584

Reading, Pa 19612

Name-

Current mailing address:

Dog Bite Prevention

Dog Bite Facts:

- Each year, more than 4.5 million people in the U.S. are bitten by dogs.
- Almost 1 in 5 people bitten by dogs/foxes require medical attention.
- Every year, more than 800,000 Americans receive medical attention for dog bites; at least half of them are children.
- Children are, by far, the most common victims of dog bites and are far more likely to be severely injured.
- Most dog bites affecting young children occur during everyday activities and while interacting with familiar dogs.
- Senior citizens are the second most common dog bite victims.

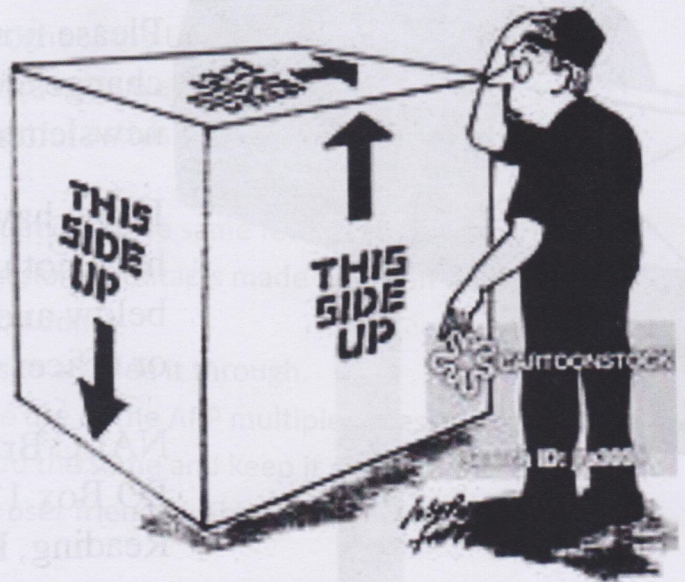
There are many things you can do to avoid dog bites, ranging from **properly training and socializing your pet** to **educating your children** and yourself about how - or whether - to approach a dog. Information and education are the best solutions for this public health crisis.



The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope.

Barrack Obama

I think i know this guys manager!!!!



WEINGARTEN RIGHTS

"If this discussion could in any way lead to my being disciplined or terminated, or affect my personal working condition, I respectfully request that my union representative or steward be present at the meeting. Without representation, I choose not to answer any questions."

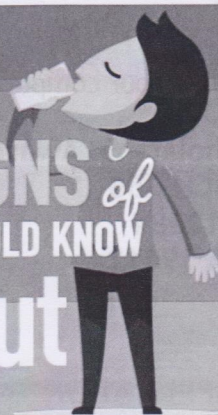


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DailyHealthPost

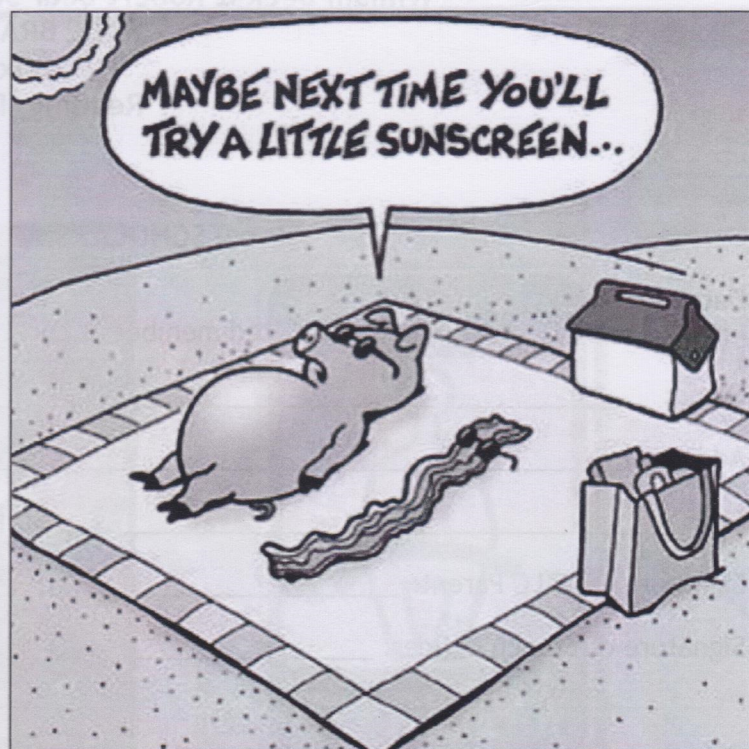
10 WARNING SIGNS of DEHYDRATION YOU SHOULD KNOW About



1. Heart Palpitations
2. Bad Breath
3. Food Cravings
4. Painful Joints & Muscles
5. Headaches
6. Constipation & Poor Digestion
7. Fatigue & Lethargy
8. Dark Urine
9. Dry Skin & Lips
10. Brain Fog



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<https://dailyhealthpost.com/warning-signs-of-water-dehydration/>



THE WILLIAM BECK & ROBERT BEAR SCHOLARSHIP AWARDS

Local 258 National Association of Letter Carriers has established two scholarship awards, \$500.00 each, payable for students attending a college, university or trade school.

Term of Award: Each scholarship shall be awarded for one academic year and will not be renewed.

The intent of this award is to help a son or daughter of a member of Local 258 NALC with a trade school or college education.

ELIGIBILITY

Eligibility is to a son or daughter of any DUES-paying member that is in good standing in Local 258 NALC.

Applying students must have graduated from high school in 2020.

All applicants are required to be freshman or first year student.

All applicants are required to have a letter of acceptance from the college or trade school that they plan on attending.

METHOD OF SELECTION

Applications will be reviewed, then put into a drawing box and selected by pulling a name from the drawing box at the union meeting of Local 258 NALC during the August 2020 union meeting.

The selected winners will be notified by mail.

We will pick an alternate if the first one picked does not meet all of the qualifications.

The Local 258 NALC Scholarship Awards will be presented at the union meeting.

The Beck and Baer Scholarship Award Committee must receive your completed application and acceptance letter by August 12th 2020. Please mail to:

William Beck & Robert Bear Scholarship Award Committee

NALC BRANCH 258

P.O. Box 12584

Reading, PA 19612

SCHOLARSHIP APPLICATION

Date: _____

I am the son/daughter of active/retired member of Local 258 Reading, PA.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Signature of NALC Parent: _____

Signature of Branch Officer: _____

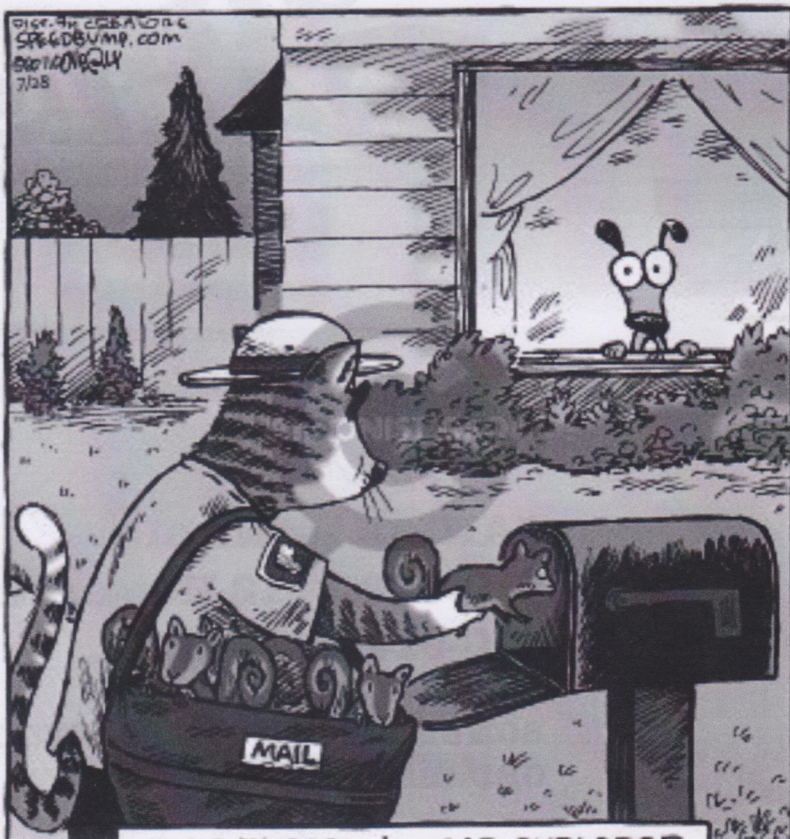
This is official notice to members of. NALC Branch 258 Reading, Pa, that nominations for the following:

President, Vice President, Secretary, Treasurer, 1 Trustee (3 year term), Sargent at Arms, Health Plan Rep, Labor Council Rep, Director of Communications will take place at the regular branch meeting to be held October 14, 2020 at 7:30 PM at United Steelworkers Union Hall 1251 N. Front St Reading, Pa 19601.

Those who wish to be nominated must be present for the meeting or submit a letter of nomination acceptance to the branch secretary prior to the October regular meeting. In the event an election is necessary, such election will take place at the regular branch meeting November 4, 2020 at United Steelworkers Hall.

Paul Purcell,

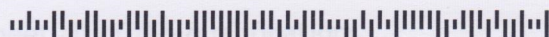
Secretary Branch 258



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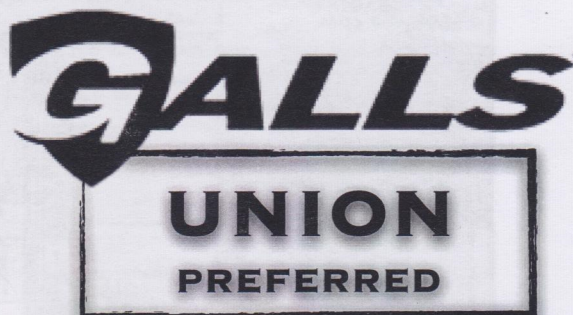
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